

Are you affected by someone else's alcohol or drug use?



## Contact Us

Freephone Helpline  
08080 10 10 11

Email  
helpline@sfad.org.uk

Webchat  
www.sfad.org.uk



## Support Services Include:

National Helpline  
Local Support Services  
Bereavement Support  
1:1 Support



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**Scottish Families**

Affected by Alcohol & Drugs

Recognised Scottish Charity (SC034737)

**Scottish Families Affected by Alcohol and Drugs** is a national charity that supports **anyone** concerned about someone else's alcohol or drug use in Scotland.

All of our support services can be accessed through our Helpline by phone 08080 10 10 11, by email [helpline@sfad.org.uk](mailto:helpline@sfad.org.uk) or webchat at [www.sfad.org.uk](http://www.sfad.org.uk).

Our Helpline is available Mon-Fri (9am - 11pm) and we run a weekend call-back service.

Our services are available for anyone in Scotland over the age of 16.

We also deliver workforce development through our training courses, communications and campaigning work, and wider community development including our Connecting Families programme.



**Free Confidential Helpline**



**1:1 Support**



**Bereavement Support**



**Local Family Support Services**



**Routes Young Person's Programme**



**Click and Deliver Naloxone**

[helpline@sfad.org.uk](mailto:helpline@sfad.org.uk)



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